

# Catholic Youth Organization

This is to Certify  
that



\_\_\_\_\_  
Participated in the  
2024

## CYO Cross Country Program

Coach \_\_\_\_\_

**Liz Lloyd**  
CYO Track &  
Field Director

**Sr. Krista von Borstel, SSMO**  
CYO/Camp Howard Executive  
Director

**Charmin Shiely**  
CYO Track & Field  
Commission Chair

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