

# CATHOLIC YOUTH ORGANIZATION / CAMP HOWARD

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Website: [cyocamphoward.org](http://cyocamphoward.org)

## ***CYO REGULAR SEASON CHEERLEADER CONFIRMATION***

Thank you for registering for the **CYO Regular Season Cheerleading** program this year. We look forward to another exciting season and have included the following information to assist you in preparing for it.

**Full payment** is required before any equipment will be issued for the season. If you would like help with your Cheerleading fees, please contact your Region Athletic Director and inquire about any scholarship opportunities that may exist within the Region.

**An Equipment Deposit** of \$120 in the form of check or valid credit card number will be collected at equipment check out and held through the season until all equipment is returned to CYO. *This deposit will not be cashed unless equipment is not returned by November 17, 2010.*

**The Health History Exam form** must be complete and received by the CYO/Camp Howard office before your child may begin practicing. Please note:

The **Physical Exam Date** must be *between Nov. 20, 2008 and Aug. 20, 2010.*

A **Doctor Signature** must be present on the current CYO Health History Exam Form.

The **Doctor's Signature Date** must be *between Nov. 20, 2009 and Aug. 20, 2010.*

A **Parent's Signature** must be present on the form, as well.

This form is available on our website: [www.cyocamphoward.org](http://www.cyocamphoward.org) under the **Cheerleading** tab.

**Health Insurance:** Your Player **MUST** have valid health insurance information (with policy number) on file at CYO to participate. If you do not have a current policy that covers your player, please contact your school to ask about sport-specific insurance policies.

### **Equipment Check-Out**

Uniforms will be handed out prior to the start of the season. Information will be available with specific dates, times, and locations on our Web site.

**Practices** will begin around August 23, 2010. Your child's coach will contact you with details.

**What to bring to practices:** Water bottle, uniform.

We are pleased to have you in our program and will do everything possible to make this a great experience for your child. If you should have additional questions please contact the CYO/Camp Howard office at 503-231-9484 and ask to speak with **Barb Canaday, ext. 102.**



Best Regards,

***Barb Canaday***

CYO Director of Football and Cheerleading