

## **ASEP (American Sport Education Program)**

As per the CYO Sports Manual - Coach Certification:

“CYO and the National Federation of State High School Associations selected the American Sport Education Program’s (ASEP) Leader Level Sport-Coach courses as their coaching education program. CYO and ASEP help coaches at all levels provide safe, high quality sport experiences for their athletes.

ALL coaches (including Head, Assistants and Interns) are to be certified through the ASEP program **BEFORE** they can register as a coach with CYO.

How the ASEP course works at the location site:

- Please bring a pen!
- Your Athletic Director will receive an email prior to each ASEP course that will inform him/her of which coaches need to be certified.
- Check with your Athletic Director to verify if you need to take the course.
- Double-check the calendar to confirm the location for each class.
- Your CYO Club will be billed for this workshop; you do not need to bring payment.
- Once at the location, there will be a sign-in sheet that you must fill out. (This proves that you attended the class and this is how we print the ASEP certificates).
- You will need to pick up a blank envelope and a workbook.
- Print clearly your name and address on the envelope and hand to the instructor at the end of the course.
- Within two weeks or so of completing your training you should receive a letter and certificate of completion showing you are now certified in ASEP.

### **Notes:**

You should keep your certificate in a safe place in case you need to provide proof that you are a certified in ASEP.

**Remember the course is also available online. Go to the link on the ASEP page to access the class.**